

# FROM THE GROUND UP

ISSUE #4

## PROGRAMS AND SERVICES FOR 9/11 IMMIGRANT CLEAN-UP WORKERS

Thousands of immigrants responded to the greatest disaster in New York City's history and many worked cleaning up Ground Zero.

Now many are suffering from health problems associated with that work. If you are one of those workers and you need help, here is a list of services that are STILL available for those who are eligible.

### **Health Services**

If you worked at Ground Zero, you can receive a free medical screening at the World Trade Center Medical Monitoring Program. **Even if you are not experiencing any symptoms at this time, it's important to get screened now, so you can be eligible for the program if you happen to develop health problems in the future that are related to your work at Ground Zero.** And if you need additional services, WTC Program staff can refer you to a case manager who will try to help you.

**WTC Medical Monitoring Program:  
1-888-702-0630**

### **Mental Health Services**

Many suffered psychological effects from working at Ground Zero. If you have had problems sleeping, suffer from panic attacks, feel jittery or nervous, or have been having problems communicating with your family, these symptoms could be from your 9/11 work.

Many programs are available to help those who are suffering mental anguish. The Red Cross has several programs that can refer you to counseling, and they can refer you to a **case manager** who can help you get you additional services that may be available, if you are eligible. Some of the programs include:

- outpatient counseling services
- substance abuse counseling
- medications paid for mental health conditions

**American Red Cross 9/11 Mental Health  
and Substance Abuse Program  
1-800-LIFENET**

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## **Financial Assistance**

There are several programs that may offer some financial assistance to disaster responders. Some benefits include:

- short-term cash assistance
- Payment for uncovered health costs

In order to get any of these benefits, **you need to work with a case manager** who can determine how to best meet your need, if you qualify.

## **American Red Cross September 11 Recovery Program 1-877-746-4987**

Many workers think that they are not eligible for any assistance if they do not have legal status. **THAT'S NOT TRUE.** Most of these programs do not request any information about legal status. If you have any concerns, call:

**NYCOSH 9/11 Immigrant Worker  
Health and Education Project  
(212) 227-6440, ext. 18**

**On the next page, please see our list of organizations in the metropolitan New York area that offer various 9/11-related services.**

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## ORGANIZATIONS PROVIDING SERVICES AND REFERRALS FOR 9/11 IMMIGRANT WORKERS

All programs offer assistance in English; additional languages noted below.

***Alianza Dominicana, Inc.***

212-740-1960 (Spanish)

<http://www.alianzadom.org>

***American Red Cross September 11 Recovery Program***

877-746-4987 (Multiple languages)

***Asociacion Tepeyac de New York***

212-633-7108 (Spanish)

***Bergen Family Center***

201-342-9200

<http://www.bergenfamilycenter.org>

***Catholic Family and Community Services, Inc.***

201-650-2107 (Spanish)

<http://www.catholiccharities.org>

***Center for the Independence of the Disabled (CIDNY)***

212-674-2300 (Spanish)

<http://www.cidny.org>

***Charles B. Wang Community Health Center, Inc.***

212-379-6996 (Multiple dialects of Chinese, Korean, Vietnamese)

***Chinese Staff and Workers Association, Inc.***

212-334-2333 (Chinese)

212-358-0295 (all others) Spanish, Polish

<http://www.cswa.org>

***Church World Service, Inc. STAR NYC***

212-227-8484

<http://www.churchworldservice.org>

***The Committee for Hispanic Children and Families***

212-206-1090 (Spanish)

<http://www.chcfinc.org>

***Community Service Society***

212-254-8900

<http://www.cssny.org>

***Federation Employment & Guidance Services (FEGS)***

516-496-7550

<http://www.fegs.org>

***Financial Planning Association***

212-493-3480

[Claude.collins@fpanet.org](mailto:Claude.collins@fpanet.org)

***Hamilton Madison House, Inc.***

212-571-2823

<http://www.hmh100.com>

***Hispanic Treatment Program/Psychiatric Institute***

212- 543-5186

[mcnamar@nyspi.cpmc.columbia.edu](mailto:mcnamar@nyspi.cpmc.columbia.edu)

***Islamic Circle of North America, Inc.***

718-523-5100 (Urdu, Punjabi)

<http://www.icna.org>

***Korean Community Services of Metropolitan New York, Inc.***

718-939-6137; 718-460-5600

(Korean)

***Latin American Workers Project***

718-628-5222 (Spanish)

***Latin American Integration Center***

718- 565-8500 (Spanish)

<http://www.laicnyc.org>

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***Lutheran Family Health Centers  
/Family Support Center***

718-630-7186 (Spanish, Cantonese,  
Mandarin, Arabic, Russian)

***Metropolitan New York  
Baptist Association***

212-580-0655 (Spanish)

***New Jersey Association  
for Mental Health, Inc.***

1-877-294-4357 (Multiple  
Languages through AT&T line)

***New York City 9/11 Unmet  
Needs Roundtable/New York  
Disaster Interfaith Services***

212-669-6107 (Spanish, Chinese)

***Puerto Rican Family Institute***

212-414-7811 (Spanish)

***RACCOON, Inc.***

718-784-9121 (Serbian, Croatian,  
Bosnian, Macedonian, Albanian)

***Safe Horizon, Inc.***

1-866-689-HOPE (Multiple  
Languages served thru hotline)

***Salvation Army, Inc.***

718-523-3315 (Spanish, Chinese)

***South Nassau Communities  
Hospital***

516-578-2700

***Samaritan of New York***

(212) 677-3009

***St. Mark's Place Institute  
for Mental Health***

212-982-3470 (Polish, Russian,  
Spanish, Ukrainian, Japanese,  
French, Italian)

***UNITAS Therapy Community***

718-589-0551 (Spanish)

***World Trade Center Medical  
Monitoring Program***

1-888-702-0630 (Spanish,  
Polish, other languages thru hotline)

<http://www.wtcexams.org>

***World Cares Center, Inc***

(212) 563-7570

<http://www.worldcares.org>

**The New York Committee for Occupational Safety and Health (NYCOSH)**

**116 John Street, Suite 604, New York, NY. 10038**

**(212) 227-6440**

